

女																					
kg	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
%	100%	99	98	97	96	95	94	93	92	91	90	89	88	87	86	85	84	83	82	81	80
	07:07,8	07:06,4	07:05,0	07:03,6	07:02,2	07:00,8	06:59,4	06:58,0	06:56,6	06:55,2	06:53,8	06:52,4	06:51,0	06:49,6	06:48,2	06:46,8	06:45,4	06:44,0	06:42,6	06:41,2	06:39,8
	07:12,12	07:10,71	07:09,29	07:07,88	07:06,46	07:05,05	07:03,64	07:02,22	07:00,81	06:59,39	06:57,98	06:56,57	06:55,15	06:53,74	06:52,32	06:50,91	06:49,49	06:48,08	06:46,67	06:45,25	06:43,84
	07:16,53	07:15,10	07:13,67	07:12,24	07:10,82	07:09,39	07:07,96	07:06,53	07:05,10	07:03,67	07:02,24	07:00,82	06:59,39	06:57,96	06:56,53	06:55,10	06:53,67	06:52,24	06:50,82	06:49,39	06:47,96
	07:21,03	07:19,59	07:18,14	07:16,70	07:15,26	07:13,81	07:12,37	07:10,93	07:09,48	07:08,04	07:06,60	07:05,15	07:03,71	07:02,27	07:00,82	06:59,38	06:57,94	06:56,49	06:55,05	06:53,61	06:52,16
	07:25,63	07:24,17	07:22,71	07:21,25	07:19,79	07:18,33	07:16,88	07:15,42	07:13,96	07:12,50	07:11,04	07:09,58	07:08,13	07:06,67	07:05,21	07:03,75	07:02,29	07:00,83	06:59,37	06:57,92	06:56,46
	07:30,32	07:28,84	07:27,37	07:25,89	07:24,42	07:22,95	07:21,47	07:20,00	07:18,53	07:17,05	07:15,58	07:14,11	07:12,63	07:11,16	07:09,68	07:08,21	07:06,74	07:05,26	07:03,79	07:02,32	07:00,84
	07:35,11	07:33,62	07:32,13	07:30,64	07:29,15	07:27,66	07:26,17	07:24,68	07:23,19	07:21,70	07:20,21	07:18,72	07:17,23	07:15,74	07:14,26	07:12,77	07:11,28	07:09,79	07:08,30	07:06,81	07:05,32
	07:40,00	07:38,49	07:36,99	07:35,48	07:33,98	07:32,47	07:30,97	07:29,46	07:27,96	07:26,45	07:24,95	07:23,44	07:21,94	07:20,43	07:18,92	07:17,42	07:15,91	07:14,41	07:12,90	07:11,40	07:09,89
	07:45,00	07:43,48	07:41,96	07:40,43	07:38,91	07:37,39	07:35,87	07:34,35	07:32,83	07:31,30	07:29,78	07:28,26	07:26,74	07:25,22	07:23,70	07:22,17	07:20,65	07:19,13	07:17,61	07:16,09	07:14,57
	07:50,11	07:48,57	07:47,03	07:45,49	07:43,96	07:42,42	07:40,88	07:39,34	07:37,80	07:36,26	07:34,73	07:33,19	07:31,65	07:30,11	07:28,57	07:27,03	07:25,49	07:23,96	07:22,42	07:20,88	07:19,34
	07:55,33	07:53,78	07:52,22	07:50,67	07:49,11	07:47,56	07:46,00	07:44,44	07:42,89	07:41,33	07:39,78	07:38,22	07:36,67	07:35,11	07:33,56	07:32,00	07:30,44	07:28,89	07:27,33	07:25,78	07:24,22
	08:00,67	07:59,10	07:57,53	07:55,96	07:54,38	07:52,81	07:51,24	07:49,66	07:48,09	07:46,52	07:44,94	07:43,37	07:41,80	07:40,22	07:38,65	07:37,08	07:35,51	07:33,93	07:32,36	07:30,79	07:29,21
	08:06,14	08:04,55	08:02,95	08:01,36	07:59,77	07:58,18	07:56,59	07:55,00	07:53,41	07:51,82	07:50,23	07:48,64	07:47,05	07:45,45	07:43,86	07:42,27	07:40,68	07:39,09	07:37,50	07:35,91	07:34,32
	08:11,72	08:10,11	08:08,51	08:06,90	08:05,29	08:03,68	08:02,07	08:00,46	07:58,85	07:57,24	07:55,63	07:54,02	07:52,41	07:50,80	07:49,20	07:47,59	07:45,98	07:44,37	07:42,76	07:41,15	07:39,54
	08:17,44	08:15,81	08:14,19	08:12,56	08:10,93	08:09,30	08:07,67	08:06,05	08:04,42	08:02,79	08:01,16	07:59,53	07:57,91	07:56,28	07:54,65	07:53,02	07:51,40	07:49,77	07:48,14	07:46,51	07:44,88
	08:23,29	08:21,65	08:20,00	08:18,35	08:16,71	08:15,06	08:13,41	08:11,76	08:10,12	08:08,47	08:06,82	08:05,18	08:03,53	08:01,88	08:00,24	07:58,59	07:56,94	07:55,29	07:53,65	07:52,00	07:50,35
	08:29,29	08:27,62	08:25,95	08:24,29	08:22,62	08:20,95	08:19,29	08:17,62	08:15,95	08:14,29	08:12,62	08:10,95	08:09,29	08:07,62	08:05,95	08:04,29	08:02,62	08:00,95	07:59,29	07:57,62	07:55,95
	08:35,42	08:33,73	08:32,05	08:30,36	08:28,67	08:26,99	08:25,30	08:23,61	08:21,93	08:20,24	08:18,55	08:16,87	08:15,18	08:13,49	08:11,81	08:10,12	08:08,43	08:06,75	08:05,06	08:03,37	08:01,69
	08:41,71	08:40,00	08:38,29	08:36,59	08:34,88	08:33,17	08:31,46	08:29,76	08:28,05	08:26,34	08:24,63	08:22,93	08:21,22	08:19,51	08:17,80	08:16,10	08:14,39	08:12,68	08:10,98	08:09,27	08:07,56
	08:48,15	08:46,42	08:44,69	08:42,96	08:41,23	08:39,51	08:37,78	08:36,05	08:34,32	08:32,59	08:30,86	08:29,14	08:27,41	08:25,68	08:23,95	08:22,22	08:20,49	08:18,77	08:17,04	08:15,31	08:13,58
	08:54,75	08:53,00	08:51,25	08:49,50	08:47,75	08:46,00	08:44,25	08:42,50	08:40,75	08:39,00	08:37,25	08:35,50	08:33,75	08:32,00	08:30,25	08:28,50	08:26,75	08:25,00	08:23,25	08:21,50	08:19,75

kg	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91
%	100%	99	98	97	96	95	94	93	92	91	90	89	88	87	86	85	84	83	82	81	80
	06:38,4	06:37,0	06:35,6	06:34,2	06:32,8	06:31,4	06:30,0	06:28,6	06:27,2	06:25,8	06:24,4	06:23,0	06:21,6	06:20,2	06:18,8	06:17,4	06:16,0	06:14,6	06:13,2	06:11,8	06:10,4
	06:42,42	06:41,01	06:39,60	06:38,18	06:36,77	06:35,35	06:33,94	06:32,53	06:31,11	06:29,70	06:28,28	06:26,87	06:25,45	06:24,04	06:22,63	06:21,21	06:19,80	06:18,38	06:16,97	06:15,56	06:14,14
	06:46,53	06:45,10	06:43,67	06:42,24	06:40,82	06:39,39	06:37,96	06:36,53	06:35,10	06:33,67	06:32,24	06:30,82	06:29,39	06:27,96	06:26,53	06:25,10	06:23,67	06:22,24	06:20,82	06:19,39	06:17,96
	06:50,72	06:49,28	06:47,84	06:46,39	06:44,95	06:43,51	06:42,06	06:40,62	06:39,18	06:37,73	06:36,29	06:34,85	06:33,40	06:31,96	06:30,52	06:29,07	06:27,63	06:26,19	06:24,74	06:23,30	06:21,86
	06:55,00	06:53,54	06:52,08	06:50,62	06:49,17	06:47,71	06:46,25	06:44,79	06:43,33	06:41,87	06:40,42	06:38,96	06:37,50	06:36,04	06:34,58	06:33,12	06:31,67	06:30,21	06:28,75	06:27,29	06:25,83
	06:59,37	06:57,89	06:56,42	06:54,95	06:53,47	06:52,00	06:50,53	06:49,05	06:47,58	06:46,11	06:44,63	06:43,16	06:41,68	06:40,21	06:38,74	06:37,26	06:35,79	06:34,32	06:32,84	06:31,37	06:29,89
	07:03,83	07:02,34	07:00,85	06:59,36	06:57,87	06:56,38	06:54,89	06:53,40	06:51,91	06:50,43	06:48,94	06:47,45	06:45,96	06:44,47	06:42,98	06:41,49	06:40,00	06:38,51	06:37,02	06:35,53	06:34,04
	07:08,39	07:06,88	07:05,38	07:03,87	07:02,37	07:00,86	06:59,35	06:57,85	06:56,34	06:54,84	06:53,33	06:51,83	06:50,32	06:48,82	06:47,31	06:45,81	06:44,30	06:42,80	06:41,29	06:39,78	06:38,28
	07:13,04	07:11,52	07:10,00	07:08,48	07:06,96	07:05,43	07:03,91	07:02,39	07:00,87	06:59,35	06:57,83	06:56,30	06:54,78	06:53,26	06:51,74	06:50,22	06:48,70	06:47,17	06:45,65	06:44,13	06:42,61
	07:17,80	07:16,26	07:14,73	07:13,19	07:11,65	07:10,11	07:08,57	07:07,03	07:05,49	07:03,96	07:02,42	07:00,88	06:59,34	06:57,80	06:56,26	06:54,73	06:53,19	06:51,65	06:50,11	06:48,57	06:47,03
	07:22,67	07:21,11	07:19,56	07:18,00	07:16,44	07:14,89	07:13,33	07:11,78	07:10,22	07:08,67	07:07,11	07:05,56	07:04,00	07:02,44	07:00,89	06:59,33	06:57,78	06:56,22	06:54,67	06:53,11	06:51,56
	07:27,64	07:26,07	07:24,49	07:22,92	07:21,35	07:19,78	07:18,20	07:16,63	07:15,06	07:13,48	07:11,91	07:10,34	07:08,76	07:07,19	07:05,62	07:04,04	07:02,47	07:00,90	06:59,33	06:57,75	06:56,18
	07:32,73	07:31,14	07:29,55	07:27,95	07:26,36	07:24,77	07:23,18	07:21,59	07:20,00	07:18,41	07:16,82	07:15,23	07:13,64	07:12,05	07:10,45	07:08,86	07:07,27	07:05,68	07:04,09	07:02,50	07:00,91
	07:37,93	07:36,32	06:47,84	07:33,10	07:31,49	07:29,89	07:28,28	07:26,67	07:25,06	07:23,45	07:21,84	07:20,23	07:18,62	07:17,01	07:15,40	07:13,79	07:12,18	07:10,57	30:34,73	07:07,36	07:05,75
	07:43,26	07:41,63	07:40,00	07:38,37	07:36,74	07:35,12	07:33,49	07:31,86	07:30,23	07:28,60	07:26,98	07:25,35	07:23,72	07:22,09	07:20,47	07:18,84	07:17,21	07:15,58	07:13,95	07:12,33	07:10,70
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	08:00,00	07:58,31	07:56,63	07:54,94	07:53,25	07:51,57	07:49,88	07:48,19	07:46,51	07:44,82	07:43,13	07:41,45	07:39,76	07:38,07	07:36,39	07:34,70	07:33,01	07:31,33	07:29,64	07:27,95	07:26,27
	08:05,85	08:04,15	08:02,44	08:00,73	07:59,02	07:57,32	07:55,61	07:53,90	07:52,20	07:50,49	07:48,78	07:47,07	07:45,37	07:43,66	07:41,95	07:40,24	07:38,54	07:36,83	07:35,12	07:33,41	07:31,71
	08:11,85	08:10,12	08:08,40	08:06,67	08:04,94	08:03,21	08:01,48	07:59,75	07:58,02	07:56,30	07:54,57	07:52,84	07:51,11	07:49,38	07:47,65	07:45,93					