## FISA WOMEN'S DEVELOPMENT PROGRAMME (2016)

## FISA celebrates Women's Rowing for International Women's Day

FISA, the International Rowing Federation, promotes gender equality and carries out a large number of activities to achieve this goal. We invite you to join us for the celebration of the 2016 International Women's Day on 8 March by sharing your contribution to women's rowing. Please send us a video or photo showing what you have done.

Here are some examples from last year's celebration: http://bit.ly/1K1Vgi0

FISA will feature the best videos/photos up to 8 March 2016 on our social media channels and celebrate your efforts on International Women's Day.

Organisation (school, university, club, national federation, continental confederation, other): Person(s) responsible: Mobile: Email:

What type of initiative did you pursue? Please tick the appropriate box for your initiative

□ Improve the participation of women and girls in grassroots activities

(activities to get more female participants in Rowing...)

□ Promote initiatives to retain female athletes

(e.g. creation of competitions/festivals amongst schools, clubs, universities to promote progression/motivation; promote specific coaching needs...)

□ Promote high performance pathways for female athletes

(e.g. have a dedicated person to facilitate the process...)

Educate / raise awareness on gender issues in your rowing community

(e.g. workshops, attitude change programmes...)

□ Coaching of women and girls

(e.g. allocation of adequate resources/coaching/equipment and adapted approach to women's needs...)

□ Improve opportunities for women in management / leadership sport structures

(e.g. identification and preparation of suitable candidates...)

□ Improve opportunities for female umpires

(e.g. identification and preparation of suitable candidates...)

□ Improve opportunities for female coaches

(e.g. promotion of scholarships for athletes to become coaches, work opportunities...)

□ Improve opportunities for female athletes to combine with studies/work alongside the sport

□ Promote women's rowing in the media

(e.g. celebrating women's success)

□ Promote role models for female rowers

□ Research for Development

(e.g. establishing an effective participation monitoring system,...)

□ Other? Please specify:

Please briefly describe your initiative towards the development of women's rowing:

#### Who came on board?

Did other organisations help? (government, sport organisations, schools, sponsors, etc.)?

lf yes,

- which one (s)?
- how?

Highlights

Are there any positive aspects or success stories you wish to share?

### **Additional Information**

We are happy to receive any relevant information as news articles, reports, testimonies, awards...

# Please complete this form and send your photo or video to daniela.gomes@fisa.org Deadline: 8th February 2016

Thank you for your contribution!