

**Boat Course Information Sheet**As of February 10, 2016

<b>Name</b>	: Itako Rowing Course		
<b>Address</b>	: Itako 6322, Itako City, Ibaraki prefecture, 311-2424 Japan		
<b>Phone No.</b>	: +81-(0)299-66-0660		
<b>Mail Address</b>	: <u>ed-life@city.itako.lg.jp</u>	<b>Web Site URL :</b>	
<b>Person in Charge</b>	: Takuma Harada		

<b>Selling Points</b>	: It takes only 30 minutes from Narita International Airpor by bus. We can offer the "free" coach transportation service between the airport and a hotel. It takes 1 hour by bus to the 2020 Olympic Games rowing course in tokyo.
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\*m:meter / cm:centi-meter

**1 Boat Course**

Regular Open Hour: 4:30 ~ 19:30

1-1 Competitive Course : Length: 1500 m How many lanes: 5 lanes

1-2 Trainig Area : 300 m Straight or curve: straight

1-3 Verocity of Stream : 4.1 cm/second

1-4 Pontoon Length : 12 m Width: 4 m How many: 2

1-5 Motor Boats : 4 boats

1-6 Buoys/intervals/lanes : 10 m 5 N° (lanes)

1-7 Distance Markers/intervals : 250 m

1-8 Course Location : Natural Lake:  Yes  No River:  Yes  No Sea or canal:  Yes  No

1-9 Clearness(Transparency) : Very clear( ) / Normal(x) / Not clear( ) \*check ( x) Transparency, if possible: 1 m

1-10 Depth : Average meters: 4.5 m Lowest: 4.8 m Highest: 4.3m

1-11 Coaches Viewing Course : Roads alongside the course  Yes  No Floating platforms  Yes  No

**2 Boat House**

Regular Open Hour: 4:30 ~ 19:30

2-1 Meeting Rooms :  Yes  No Multimedia Facilities:  Yes  No Extra charge :  Yes  No

2-2 Shower Rooms :  Yes  No How many: 2 rooms Extra charge :  Yes  No

2-3 Training Room :  Yes  No 1 rooms Extra charge :  Yes  No

2-4 Rowing Machine :  Yes  No 10 sets Extra charge :  Yes  No

2-5 Rental Bicycle :  Yes  No 3 bikes Extra charge :  Yes  No

2-6 Internet Enviroment :  Yes  No Extra charge :  Yes  No

2-7 Boat for Trainer or Rescue :  Yes  No Extra charge :  Yes  No

2-8 Boat Storage Rack :  Yes  No Extra charge :  Yes  No

2-9 Trailer Parking Place :  Yes  No

2-10 Places of 40 Feet Container:  Yes  No For how many containers: 3

2-11 Massage and Physiotherapy Space/Room :  Yes  No

2-12 Ice-making machine :  Yes  No

**3 Accommodations**

				Bath-tub	Shower
3-1 Boat House	: <u>0</u> rooms with	Single	0bed	<input checked="" type="radio"/> Yes <input type="radio"/> No	<input checked="" type="radio"/> Yes <input type="radio"/> No
	<u>0</u> rooms with	Twin	0beds	<input checked="" type="radio"/> Yes <input type="radio"/> No	<input checked="" type="radio"/> Yes <input type="radio"/> No
	Large rooms <u>0</u> rooms with		0beds	<input checked="" type="radio"/> Yes <input type="radio"/> No	<input checked="" type="radio"/> Yes <input type="radio"/> No
3-2 Hotel (Wester style)	: <u>50</u> rooms	Distance from the course:	<u>10</u> minutes	by bus / <input checked="" type="radio"/> on foot	
3-3 Japanese Style Inn with Tatami Mat:	<u>50</u> rooms	Distance from the course:	<u>20</u> minutes	by bus / <input checked="" type="radio"/> on foot	
3-4 Transportation Service between the course and the Accommodation:		<input checked="" type="radio"/> Yes <input type="radio"/> No	Extra charge :	<input checked="" type="radio"/> Yes <input type="radio"/> No	
3-5 Are they in the hot spar resort area?		<input checked="" type="radio"/> Yes <input type="radio"/> No	Extra charge :	<input checked="" type="radio"/> Yes <input type="radio"/> No	

**4 Meals**

4-1 Are there any restaurants within walking distance from the boat house?  
Weatern foods  Yes  No Japanese foods  Yes  No Chinese foods  Yes  No Other foods: Itallian

4-2 Are they offered by accommodations? Hotel:  Yes  No Boat House:  Yes  No

4-3 Are there any facillities so that guests can cook by themselves? Hotel:  Yes  No Boat House:  Yes  No

5 Convenience Store : 15 minutes walking distance from the venue or accommodations

**6 Access**

6-1 Narita International Airport to the venue 40 kilometers 30 minutes hours by/on  bus  foot

6-2 Itako Railway Station 2.0 kilometers 20 minutes hours by/on  bus  foot

6-3 Is there transportation service from the airport / the rail station?  Yes  No Extra charge :  Yes  No

**7 Safety/Emergency**  Yes  No Rescue Staff:  Yes  No

7-1 Hospital Name : Namegata regional general hospital

7-2 Address : 98-8, inouehujii, Namegata-shi, Ibaraki, 311-3516, Tel.: 0299-56-0600 Mail address:

7-3 Avairable Language : English:  Yes  No Other language:

**8 Interpreter Service** English:  Yes  No Extra charge :  Yes  No

8-1 (Volunteer or specialist) Other language:  Yes ( Chinese ) / No Extra charge :  Yes  No

**9 Welcome Ceremony**  Yes  No By City officers, Boat Club Staffs, Athletes, Others

**10 Friendly Meeting with Japanese :**  Yes Citizens, Athletes, Others ( ) No

**11 Weather**

	Spring	Summer	Autum	Winter
Average Temparature ( centigrade)	11.7	22.8	16.1	4.0
Wind (m/second)	2.5	2.3	2.0	2.1
Average Humidity (%)	71	82	79	66

**12 Altitude above sea level** 2.0 m