

U19 B menu 5 (2017)

05/22	05/23	05/24	05/25	05/26	05/27	05/28
		16km B1		16km B1		20km B2 (2x25')
off	C1 (6x6)		C1 (6x6)		C1 (6x6)	
05/29	05/30	05/31	06/01	06/02	06/03	06/04
	15km B1	16km B2 (2x20')		15km B1	15km B1	15km B4 (24-28-32)
off	C1 (6x6)		off	C1 max test		
06/05	06/06	06/07	06/08	06/09	06/10	06/11
15km B6 (6x10)	15km B5 2x500m	12km B6 (6x10)	12km B5 1x500m			
				Kikuchi 1x selection race		
06/12	06/13	06/14	06/15	06/16	06/17	06/18
	15km B1	16km B2 (2x20')	off	15km B1	15km B1	off
off	off			C2 x2		